



YMCA of Brockville and Area
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Peace Medal Media Release

For Immediate Release
November 21, 2016

YMCA of Brockville and Area Honours Local Peacemakers

(Brockville, Ontario) – From November 19 – 26, YMCA Peace Week invites people of all ages to reflect on peace, to talk, and to take action, individually and with others. A special highlight of this week is the presentation of YMCA Peace Medals to individuals or groups who, without any special resources, demonstrate a commitment to the values of PEACE through contributions made within their local, national or global community. Peacemakers are recognized for promoting and inspiring **Participation, Empathy, Advocacy, Community and Empowerment**.

This year's ceremony will be held on November 23, 2016 and will honour 2 local community members who have made significant contributions towards peace-building. The ceremony will be held at the YMCA of Brockville and Area from 12:00 pm to 12:30 pm. Lunch prepared and served by the Brockville Fire Fighters will be available at a cost of \$7.00.

"The recipient of the YMCA Peace Medal is a tremendous inspiration and they show how any one of us can improve the quality of life in our local, national or global community. They exemplify the values of YMCA Peace Week and the positive impact one person can make," says Emily Wimpenny, Supervisor of Aquatics at the YMCA of Brockville and Area

Additional YMCA Peace Week activities at the YMCA of Brockville and Area include:

- Children's activities during after school programs (colouring contest, peace tree
- Throwback Zumba Tuesday, November 22 5:30pm-6:15 pm

Since 1987, more than 1,500 individuals and groups across Canada have been recognized YMCA Peace Medal recipients.

The YMCA of Brockville and Area is a charity dedicated to strengthening the foundations of community. The YMCA of Brockville and Area serves the communities in and surrounding Brockville including the counties of Lanark, Leeds and Grenville and serves people of all ages, backgrounds, and abilities. We offer our participants opportunities for healthy living, personal growth and community involvement. In keeping with our commitment to inclusiveness and accessibility, the YMCA of Brockville and Area offers financial assistance to members of our community who are unable to pay the full fee for membership or programs.

For further information, please contact:

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Build community. Act for peace.