



YMCA of Brockville and Area
 345 Park St
 Brockville ON
 K6V 5Y7
 613 342 7961
<https://www.brockvilley.com>

Gymnasium Schedule

March 11th - 17th, 2019

Time	Monday March 11	Tuesday March 12	Wednesday March 13	Thursday March 14	Friday March 15	Saturday March 16	Sunday March 17
5:30am						Open Gym 7:00 - 5:00	
6:00							
6:30	Open Gym 5:30 - 8:30	Open Gym 5:30 - 8:30	Open Gym 5:30 - 8:30	Open Gym 5:30 - 8:30	Open Gym 5:30 - 8:30		
7:00							
7:30							
8:00							Open Gym 7:00 - 10:00
8:30	March Break Camps 8:30 - 11:30	March Break Camps 8:30 - 11:30	March Break Camps 8:30 - 11:30	March Break Camps 8:30 - 11:30	March Break Camps 8:30 - 11:30		
9:00							
9:30							
10:00							Tabata 10:15 - 11:00
10:30							
11:00	Pickleball Intermediate 11:30 - 1:00 All Levels 1:00-1:30 Beginner 1:30-2:30	Pickleball All Levels 11:30 - 1:00	Pickleball Intermediate 11:30 - 1:00 Beginner 1:00-1:30	Pickleball All Levels 11:30 - 1:00	Pickleball Intermediate 11:30 - 1:00 Beginner 1:00-1:30		
11:30							
12:00pm							Open Gym 11:00 - 2:00
12:30							
1:00	Open Gym 1:00 - 5:00	Open Gym 1:00 - 5:00	Open Gym 2:30 - 5:00	Open Gym 1:00 - 5:00	Open Gym 2:30 - 8:00		
1:30							
2:00						Birthday Party 2:00 - 3:00pm	
2:30							
3:00	Open Gym 3:30 - 10:00	Zumba 5:15 - 6:00	Camp Tabata 5:30 - 6:15	Zumba 5:15- 6:00	Open Gym 2:30 - 8:00		
3:30						Open Gym 3:00 - 5:30	
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30						Open Gym 6:15 - 10:00	Open Gym 6:30 - 10:00
8:00						Facility Hours: Monday-Thursday: 5:30am-10:30pm Friday: 5:30am-8:30pm Saturday & Sunday: 7:00am-5:30pm	
8:30							
9:00							
9:30pm							

Building healthy communities