



YMCA

We build strong kids,
strong families, strong communities.

**YOUR "Y" CHOICE CAFÉ
IS LOOKING AT ADDING TO ITS
CURRENT MENU**

**Please take a minute to let us
know your thoughts**

*Please check the items you
would like to see available:*



- | | | | | | |
|--|--------------------------|-------------------|--------------------------|--------------------|--------------------------|
| Fruit Salad | <input type="checkbox"/> | Smoothies | <input type="checkbox"/> | Chili | <input type="checkbox"/> |
| Cut Vegetables | <input type="checkbox"/> | Soup | <input type="checkbox"/> | Salad | <input type="checkbox"/> |
| Fresh Bread | <input type="checkbox"/> | Sandwiches | <input type="checkbox"/> | Poached Egg | <input type="checkbox"/> |
| Oatmeal Cereal with berries & yogurt <input type="checkbox"/> | | | | | |

*Please let us know the of hours of operation
you would like to see the café open*

Morning: _____

Afternoon: _____

Evening: _____



**PLEASE RETURN TO THE MEMBERSHIP SERVICES DESK
BY FEBRUARY 5, 2010**

Brockville and Area YMCA

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Your YMCA - A Charity Open To All

