



YMCA

We build strong kids,  
strong families, strong communities.

Your YMCA  
A charity open to all

Are you looking for a great gift?  
Please read more about  
YMCA Gift Certificates.



*The Brockville and Area YMCA*

*345 Park Street*

*Brockville, ON K6V 5Y7*

*[www.brockvilley.com](http://www.brockvilley.com)*

*Phone 613-342-7961 Fax (613) 342-8223*





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*You have been given  
“The Gift of Wellness”  
At the Brockville and Area YMCA*

*Memberships include:*

- ★ *Babysitting Services while you Work-Out*
- ★ *Cyclefit Classes*
- ★ *Fitness Classes*
- ★ *Children’s Courses*
- ★ *Karate*
- ★ *New! Rolling registration for swimming lessons*
- ★ *Signature Series*
- ★ *All inclusive memberships*
- ★ *And much, much more*

*Please be sure to browse through our program guide*

*Please contact the YMCA’s  
Membership Sales & Services Desk  
For more information*

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## *OUR MISSION STATEMENT*

*The Brockville and Area YMCA is  
a charity dedicated to helping  
individuals grow in spirit, mind and body,  
and in service to others in a environment that open to all.*

## *FACILITY FEATURES*

*Treadmills, Stationary Bicycles,  
Rowing Machines and Cross-Trainers  
3 Lane Indoor Track  
Upper Level Studio and Exercise Area  
Colorado Arm Ergo meter  
Nautilus Nitro, Atlantis, Hammer Strength and  
Free Weight equipment  
25-meter lane Swimming Pool  
Cycling Studio  
Hydrotherapy Pool and Dry Sauna  
Gymnasium  
Tennis and Squash Courts  
Multi-purpose and Meeting Rooms  
Snack Bar and Waiting Area  
Pro Shop  
Yoga Studio  
Child Minding Room  
3 Locker Rooms, including Special Needs  
Full Accessibility*

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*This Gift Certificate is for:*

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*This Gift of Wellness is from:*

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**SAMPLE**

*May be used towards any Product and Service at your  
Brockville and Area YMCA*

*Receipt #* \_\_\_\_\_

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