



YMCA

We build strong kids,
strong families, strong communities.

Your YMCA
A charity open to all

Are you looking for a great gift?
Please read more about
YMCA Gift Certificates.



The Brockville and Area YMCA

345 Park Street

Brockville, ON K6V 5Y7

www.brockvilley.com

Phone 613-342-7961 Fax (613) 342-8223





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*You have been given
“The Gift of Wellness”
At the Brockville and Area YMCA*

Memberships include:

- ★ *Babysitting Services while you Work-Out*
 - ★ *Cyclefit Classes*
 - ★ *Fitness Classes*
 - ★ *Children’s Courses*
 - ★ *Karate*
 - ★ *New! Rolling registration for swimming lessons*
 - ★ *Signature Series*
 - ★ *All inclusive memberships*
 - ★ *And much, much more*
- Please be sure to browse through our program guide*

*Please contact the YMCA’s
Membership Sales & Services Desk
For more information*

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OUR MISSION STATEMENT

*The Brockville and Area YMCA is
a charity dedicated to helping
individuals grow in spirit, mind and body,
and in service to others in a environment that open to all.*

FACILITY FEATURES

*Treadmills, Stationary Bicycles,
Rowing Machines and Cross-Trainers
3 Lane Indoor Track
Upper Level Studio and Exercise Area
Colorado Arm Ergo meter
Nautilus Nitro, Atlantis, Hammer Strength and
Free Weight equipment
25-meter lane Swimming Pool
Cycling Studio
Hydrotherapy Pool and Dry Sauna
Gymnasium
Tennis and Squash Courts
Multi-purpose and Meeting Rooms
Snack Bar and Waiting Area
Pro Shop
Yoga Studio
Child Minding Room
3 Locker Rooms, including Special Needs
Full Accessibility*

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This Gift Certificate is for:

This Gift of Wellness is from:

SAMPLE

*May be used towards any Product and Service at your
Brockville and Area YMCA*

Receipt # _____

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